Title:
Holistic Education: The Flow and Pulse of Learning

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Abstract (summary):
Situated in the holistic education field, this research explores the mind/body experiences of six youth who remained in a drama group from the time they were children to their late adolescence. In the first phase of this research these participants reflected on their experiences of the imagination, thought and felt sensation as they engaged in meditation and mind/body warm-up exercises during the drama years. The participants applied their understanding of mind/body awareness to a question posed by Vivian Darroch-Lozowski; what happens when we attend to nature feelingly? Over the course of one year, the youth explored the above question, individually and collectively through dreaming, reveries, the imagination, experiences of energy and as they wandered in nature. The inquiry directly addresses the existential, ontological and epistemological implications of holistic mind/body development and outlines approaches for gentling the mind and body to nature.

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See more ideas about Holistic education, joyful learning, Education system. Waldorf is a holistic educational model that strives to teach the whole child, head, heart, and soul. It's appealing and exciting, but can also feel overwhelming! Kirtsee Raki explains how you too can gift your children a Waldorf-inspired education.

Five Ways to Boost Student Engagement with Flow Theory.

If we want students to develop a maker mindset, we need to empower them to hit a state of creative flow. Flow Theory explains what happens when we hit that place of “optimal experience,” where you... Francois.

History Activities.

Holistic education is a relatively new movement in education that seeks to engage all aspects of the learner, including mind, body, and spirit. Its philosophy, which is also identified as holistic learning theory, is based on the premise that each person finds identity, meaning, and purpose in life through connections to their local community, to the natural world, and to humanitarian values such as compassion and peace.

Why Is Holistic Education Important?

When it comes to rethinking our current educational system, a holistic education offers an exciting alternative. In the past decades our knowledge regarding childhood development has expanded, and with it our teaching methodologies. Today, parents and educators alike want more from their children's education. Rather than compartmentalizing school subjects, the holistic approach seeks to empower children to use their academic learning as a foothold for their emotional and social development.

The Benefits Of A Holistic Approach:

Education is no longer just about learning tangible and measurable skills. Our past educational paradigms relied on the “average” measurements and standardization. Holistic education nurtures a sense of wonder. Montessori, for example, spoke of “cosmic” education: Help the person feel part of the wholeness of the universe, and learning will naturally be enchanted and inviting. There is no one best way to accomplish this goal, there are many paths of learning and the holistic educator values them all; what is appropriate for some children and adults, in some situations, in some historical and social contexts, may not be best for others.

I study Early Childhood Educating at TAFE and our holistic development never included the spiritual side where the children can learn mediation..I'm going to ask my teacher about it. John Paul on January 31, 2019.

Good explanation on IO and EI. Holistic education believes it is important for young people to learn: About themselves. About healthy relationships and pro-social behavior. Social development. Emotional development. Resilience. Now, it is predominantly popular culture (the media, music) and schools from which young people can learn about what it means to be human. But culture has its own agenda (not the welfare of children), and schools were not designed to replace extended families, communities, and religions. They were designed to prepare people for the world of work; to give them the skill sets that would help them up the ladder of material success.

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