Spiritual well-being through vacations: Exploring the travel motives of the young Christian travellers

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Sažetak
This study focuses on UK based young Christian tourists and their religious travel behaviour. Through focus group research it was established that religious travel motives are changing from a religious perspective to a holistic spiritual one. The key motivations for these journeys could be featured around Self, the Other (i.e. interaction with local community, people and the nature) and God. Moreover, demand for more complex religious travel opportunities was evident and future religious holiday packages should be packaged to involve educational improvement (i.e. learning something new through contact with other cultures and people), relationship development (i.e. communication with other travel party members, local people or tour guides) or spiritual renewal (through the beauty of nature, people and new cultures).

Ključne riječi religious travel; travel motivation; modern pilgrimage; young Christians

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Traveling for so long has led to lots of mistakes, adventures, and realizations about how to make every trip better. Read more: Traveling the world for a year with my girlfriend taught me a major lesson about relationships. I have found that the best way to reduce the number of arguments while traveling is for both partners to pay attention to each other's basic needs like hunger, tiredness, stress, and needing to use the bathroom. Save yourself a ton of money on your next vacation by cross-referencing listings that you want to book across multiple sites. I often found discrepancies of $100 or more per night by checking listings between Airbnb, Booking.com, Expedia, and others. Cornerstone is one of the main gatherings for Christian travelers, especially at "Hobo Jungle" where folks camp out. There are a lot of young travelers in the country, 18-25 years-old, but only a small number are Christian, so most of us know each other and we try to stay connected. Around this time I also rediscovered the spiritual aspects of my Native American ancestry and met a medicine man who taught me some spiritual principles that I tried out on my own. It seemed a long way from my Protestant background, but later when I discovered that Orthodoxy also had a tradition of healing the soul, it all synced up. RTE: How many young Christian travelers are there and how do you keep in touch? RAINBOW: About fifty to a hundred that are well-connected to our community. Traveling is one of the best gifts you can give yourself and your best teacher. It teaches you so many things they didn't teach you at school. Whether you stroll through the streets of Paris, hike through the most trying trails in the Himalayas or spend a sunny afternoon on the Caribbean beaches, travel will never fail you as a teacher. Here
below are ten reasons why traveling is the best form of education you can get irrespective of the places you travel and adventures you have.

1. You learn languages. English is spoken in almost all parts of the world and it will work for you mostly. Nevertheless, it’s always better to learn the native language of the place you’re going to visit. In a way, travel forces you to learn languages. Traveling is a favorite hobby for thousands of people across the globe. It also offers numerous advantages and benefits to people. Here’s why traveling is important. Medical tourism is today, one of the most important parts of the travel and tourism sector and more than 50 countries have identified it as a national industry. Personal health is what makes travel extremely important. People here, travel because they don’t have a choice in most cases. Well, traveling instills hope in a person. As a person travels and gets more and more closer to the destination, the hope of getting cured and living a healthy and smooth life ahead goes on increasing. Thus, traveling makes a person more optimistic towards life.