When I first saw this book I knew I wanted to review it because:

* It is written by a Canadian sex educator who I know has a great deal of experience and is widely respected.
* I work in this field and wanted to see if her approach is different to mine and what I can learn from her.
* I admire anyone who actually writes a book since I have written scores in my head but never get around to committing them to paper.
* The cover page describes Meg Hickling as "Canada's Best Sex Educator".

Now I'm certainly aware that many things and people are "the best" (i.e., Tiger Woods is the best young golfer, the Blue Jays are the best baseball team -- just kidding), but I had not realized that there was a competition for sex educators. What does one win? A condom with a maple leaf on it? A cup to put on the mantle? We need to know when the next competition is to take place to let readers of CJHS send in nominations.

These frivolous musings are actually a good starting point for a review of a book that has lots of humour. One of the first things to catch the reader's eye is the effective use of children's questions and comments, in their own handwriting and spelling, which are spread throughout the book.

"How does sex make babies?" "Are you a pervert if you look up sexual words in the dictionary?" "Not that I want this to happen, but it happens to me and I want to know what it is. Every once a while my crotch feels like it is being tickled. (I'm a girl)." Humorous incidents and stories are also used to add variety and gently illustrate important points.

Early on, Hickling introduces one of her major themes, that parents are an important source for imparting factual information to their children. She states that while children can be embarrassed if a parent tries to talk about this subject, the parent needs to "talk through [...] children's embarrassment. If you hesitate to explain something because they're embarrassed, you're lowering yourself to their level of immaturity. This is knowledge our children should have."

Chapter One is full of information to tell children. Hickling tells parents to start by using terms such as "penis" and "clitoris" the day a baby is born in order to be really comfortable by the time a child is old enough to start asking questions. She goes on to talk about bladders and urethras, magical thinking and erections, why testicles are outside the body cavity,...
Speaking of Sex book. Read reviews from world's largest community for readers. An R.N. and sexual health educator delivers information in a way that's ag... Radiolab asked listeners for their sex ed recommendations. Nicki, a Radiolab listener, says, "Meg Hickling is amazing. She's practical and direct and covers sex ed in a straightforward way. And she's from my home province of BC (Canada). Americans have a reputation for really poor sex ed (i.e. abstinence only) that the rest of the western world doesn't subscribe to." Questions to Ask Kindergarteners. 1. Do you ever think about renaming the colors of your crayons? 2. What character makes you laugh the most? 3. If you opened a store, what would you sell? 4. What's your superhero name and what powers do you have? 5. If you could grow anything in the yard, what would it be? 6. What do you enjoy giving people? 7. Did you smile or laugh extra today? 8. Pretend you're a chef, and tell me about your restaurant. What foods do you serve? Don't worry if your child isn't initially excited about answering your questions—and don't rush her to answer or move on to another one too quickly. Letting your child take her time shows that you're genuinely interested in what she has to say, and not just robotically asking. By Erinne Magee. Comments. We recently asked members of the BuzzFeed Community to tell us the questions they have for parents that they're afraid to ask. Their questions — and the impressively honest answers from parents — are very interesting: 1. Is giving birth as scary as it sounds? Universal. Part of it is because everyone else focuses on the fact that you are a new parent, and part of it is because there's this tiny human who is suddenly reliant on you for literally everything, which is a task that takes a lot of emotional energy and labor. You just don't have time or energy to think about yourself.