A Personal Appreciation

Jack Kornfield

Document Type
Audio File

Publication Date
10-25-2014

Abstract
Jack Kornfield honors Stanislav Grof.

Comments
Presenter:

Jack Kornfield, PhD, is a Buddhist teacher and author of numerous books. He has taught meditation since 1974 and is one of the key teachers to introduce Buddhist mindfulness practice to the West. Jack co-founded the Insight Meditation Society in Barre, Mass., and Spirit Rock Meditation Center in Marin County, California. His books include A Path with Heart; Buddha’s Little Instruction Book; Teachings of the Buddha; Seeking the Heart of Wisdom; Living Dharma; A Still Forest Pool; After the Ecstasy, the Laundry; The Art of Forgiveness, Lovingkindness and Peace, The Wise Heart: A Guide to the Universal Teachings of Buddhist Psychology and Bringing Home the Dharma: Awakening Right Where You Are.

Recommended Citation
https://digitalcommons.ciis.edu/stanislavgrof2014/24
Appreciation Messages offers you sample appreciation wordings and appreciation messages for all your loved ones. Read on to write thoughtful and heartfelt appreciation note and appreciation letters for everyone and for every occasion. Pages. Appreciation Letters. Letters of appreciation are of two types: personal letter and official letters. Official letters can be written to government, politicians, customers, employees, employers, in response to invitation to business, thanking for a favor, or for the services one has rendered to you. An appreciation letter should be drafted in a way that it should reflect your regard for what others have done for you, the tone of the letter should be warm and showing applause, gratitude and sincerity. Writing the appreciation letter for someone requires a certain format whether it is for the business purpose or personal. It is important to keep the format in mind while writing the letter of appreciation and knowing what comes when is extremely important, such as: Do not delay in writing this letter. However, on a personal level, one can choose to write a handwritten letter. Date, Name, and Address: When writing a formal letter, it is extremely important to keep the correct format in mind. A personal appreciation. December 2005. Zygon(r) 31(1):43 - 49. My primary relation to Barbour’s work is that of indebtedness and appreciation. He has reassured me that despite the vast changes in physics, the Whiteheadian perspective that has been so important to me as a Christian believer provides a valid way of understanding the physical world. If there is a difference between us, it is my greater emphasis on perspective and on the challenge of the Whiteheadian perspective to the ones that now dominate the sciences. A personal appreciation letter is a thank-you letter that is written for personal reasons. The following are examples of instances when this type of thank-you letter is written: Appreciation should not be given if it is not truly felt. That’s why the very root of your appreciation letter should be a solid and genuine one. Your words of thanks should come from a well of genuine thankfulness and not an artificial one. You may also see donation thank you letters. 2. Personalize.