If you're interested in space travel and/or philosophical thinking about future life beyond the planet "Earth", then you would enjoy this book. White explains how going into space will change us, and make us better. The process starts with the Overview Effect that turns the entire Earth into our neighborhood. It continues from the Moon, when a single gloved thumb at arms length can cover everything we've ever known. This view is the Copernican Perspective, and it exposes our insignificance and vulnerability. The Overview Effect is an important book in helping people see that your attitude does change when you see the Earth from the space perspective - an experience that seems to be an almost universal phenomenon. - Edgar Mitchell, Apollo 14 astronaut, founder of the Institute of Noetic Sciences, founding member of the Overview Institute. Space travel needs a new birth, and if we can tap into the desire to go into space, incredible things can come from it. - Sir Richard Branson, founder of the Virgin Group, which includes Virgin Galactic. More than 30 years ago, Frank White coined the term Overview ... In The Overview Effect, Third Edition Frank White expands on his original concept, which has now gained worldwide recognition and exposure. Using interviews with and writings by numerous astronauts and cosmonauts, he describes space exploration and settlement as necessary next steps in the evolution of human civilization and consciousness. The third edition features new interviews with the following astronauts, space advocates, and New Space entrepreneurs: Helen P. Sharman, Michael Lopez-Alegria, Sandra H. Magnus, John B. Herrington, Ron Garan, Akihiko Hoshide, Nicole Stott, Sir Richard Brans.