Although a number of books have been published on childhood grief that cover a range of topics, from the death of a parent to traumatic death, many of these books do not address grief from a developmental perspective. Counseling Children and Adolescents Through Grief and Loss identifies clear developmental issues that affect grief and how to work with children in different stages of development. Both Fiorini and Mullen have counseled children in schools, agencies, and private practice, and they are currently professors at the State University of New York College at Oswego. The authors state that their book is a necessary addition to the professional literature because most of the books available address children's grief and loss caused by death but do not address losses that are not related to death. They point out that losses other than those associated with death can cause hurt and confusion in children and teens that can affect their day-to-day lives and that these losses deserve counselors' attention. This book not only describes how development, culture, and gender affect grief expression but also provides case studies and specific interventions for counselors to use with children and adolescents.

Society holds many myths about grieving children, and the first chapter of Counseling Children and Adolescents Through Grief and Loss addresses these myths, including "Children don't grieve," "Children are brave little soldiers," and "If a child does not cry, then he or she doesn't care." These are not new concepts but are stated in a concise way that eases the reader into the subject matter. Also, unless one frequently deals with grieving children in one's practice, the first part of the book is a good reminder to professionals and parents that some losses, such as a relationship breakup, a move, or the death of a pet, should not be minimized or dismissed easily. Adults need to remember that these losses can truly affect children or teens in ways that could be detrimental to their psychosocial well-being.

A limitation of the first part of the book is that it...
Working with adults, adolescents, and children, she specializes in the assessment and treatment of anxiety-based disorders, eating disorders, and development of emotional regulation skills. She is the author of the upcoming book Mindfulness and Yoga for Embodied Self-Regulation: A Primer for Mental Health Professionals, coauthor of Healthy Eating in Schools: Evidence-Based Intervention to Help Kids Thrive, and has authored more than 50 refereed journal articles and book chapters. As a trained yoga instructor, she implements the mindfulness, wellness, and relaxation techniques of yoga philosophy with her clients and is a co-author of a book on this topic. Her areas of interest and expertise in working with children and adolescents This comprehensive resource provides developmentally appropriate interventions for counseling children and adolescents who have experienced a wide range of grief and loss, including secondary and intangible losses such as moving or divorce. The book synthesizes current research and best-practice approaches for counseling youth. It provides a method for assessing individual needs and offers guidelines for selecting appropriate counseling strategies. Through numerous case examples, the authors describe youths' cognitive, emotional, and behavioral responses to loss. Loss is a theme that emerges frequently in the counselling room. This may be through death, or may involve the loss of other important parts of the client's self and life, e.g. work, relationships or health. The dual-process model (illustrated below) was developed by researchers Margaret Stroebe and Henk Schut. how best can one organise a group counseling on the needs of adolescents to parents, teachers and elders. Izzy Ward Snider. 2019-09-01T01:14:14+0000. This is a very useful tool for students of counselling and psychotherapy and I highly recommend this page and any other connection with Rory and Ken.read more. Amanda Ridyard. 2018-01-09T20:16:04+0000. The colors of grief: Understanding a child's journey through loss from birth to adulthood. Philadelphia, PA: Jessica Kingsley. Google Scholar. Phenomenology and correlates of complicated grief in children and adolescents. Journal of the American Academy of Child and Adolescent Psychiatry, 46, 493–499. Article PubMed Google Scholar. Murray-Parkes, C. (2008). Department of Counseling and Higher Education, University of North Texas, Denton, TX, 76203-5017, USA. Liz Ener & Dee C. Ray. Authors.